

2020 LPC Virtual Bike/Run #2 Results

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Name	Club	BIKE		RUN		Total time	Temp during run
		Dist (km)	Time	Dist (km)	Time		
Paula Rawlings	LPC	234	9:51:01	26	3:02:02	12:53:03	29
Jessica Carbone	Discomfort Zone	100	4:12:24	21.1	2:13:59	6:26:23	24
Jeff Ercul	LPC	100	4:43:07	10.61	0:58:20	5:41:27	31
Shawn Kimmel	Discomfort Zone	100	3:12:13	21.1	2:20:26	5:32:39	31
Ileana Paul	LPC	121	3:55:31	15	1:25:02	5:20:33	28
Joshua Ruff	LPC	100	3:16:00	21.1	1:54:03	5:10:03	33
Jean Compton	LPC	100	3:06:42	21.1	1:55:17	5:01:59	
Lori MacCallum	LPC	100	4:16:39	5	0:36:58	4:53:37	30
Angela Hofstra	Discomfort Zone	100	3:47:41	10	0:55:47	4:43:28	20
Andrew Bourdeau	LPC	115	4:15	5	0:23:53	4:38:53	32
Sean Henderson	LPC	100	2:54:35	21.1	1:26:10	4:20:45	32
Kate St.Denis	LPC	100	3:24:57	5.32	0:34:00	3:58:57	30
Shane Mahoney	LPC	100	3:02:45	10	0:48:38	3:51:23	31
Jana Paniccia	LPC	100	3:46:57			3:46:57	
Paul Fitzpatrick	LPC	102.5	3:42:29			3:42:29	
Amanda switzer	LPC	100	3:01:21	5	0:24:33	3:25:54	29
Kevin Switzer	LPC	100	3:02:34	5	0:23:11	3:25:45	23
Greg Galloway	LPC	100	2:53:56			2:53:56	
Frances Turk	Discomfort Zone	40	1:30:26	10	1:11:48	2:42:14	30
Bruno Lafreniere	LPC	40	1:29:49	10	1:02:56	2:32:45	22
Kate Pollock	LPC	40	1:05:30	10	0:58:09	2:03:39	32
Paul Mathers	LPC	40	1:05:17	10	0:42:07	1:47:24	
Avery Ling	LPC	40	1:05:01	10	0:42:30	1:47:31	25
Carley Somerset	Discomfort Zone	40	1:04:15	10	0:40:40	1:44:55	22
Jo-anne Caldwell	LPC	20	0:51:54	5	0:45:00	1:36:54	28
Paul Kankainen	LPC	40	1:36:31			1:36:31	
Jana Luker	LPC	20	00:50:40	5	00:44:46	1:35:26	25
Steve Jackson	LPC	40	1:04:45	5	0:23:27	1:28:12	28
Andrew LeBeau	LPC	40	1:04:07	5	0:21:31	1:25:38	28
Mark Linseman	LPC	40	1:04:08	5	0:20:20	1:24:28	27
Rebecca Dolson	LPC	40	1:07: 26	2.5	0:10:14	1:17:40	

Brent Clark	LPC	40	1:13:11			1:13:11	
Meghan Howell	LPC	40	1:07:42			1:07:42	
Amelia Krelve	LPC	40	1:06:26			1:06:26	
John Breeson	LPC	40	1:03:42			1:03:42	
Liyang Wang	LPC	40	0:53:33			0:53:33	